

What's in Your Trash? Challenge:



Materials You'll Need:

- What's in Your Trash? - Datasheet
- Bowl or Bucket - to collect your materials in
- Tarp, Container, or Surface that is easy to clean - if you have permission to dump collected materials out

Instructions:

Now that you've learned a little bit about why and how to compost it's time to take action. For one full day collect the scraps and trash left over from the food your family eats (wrappers, leftovers, veggie and fruit scraps, containers, packaging).

At the end of the day ask a family member to help you separate the items you've collected. Try to separate the items you've collected into groups based on if it is something that you could Reuse, Recycle, Compost or send to a Landfill. You may even want to label a container or bowl for each type of material to keep track. Use the "What's in Your Trash? - Datasheet" to record the items you've collected.

Discuss with someone at home each item and what pile it belongs in. Think about what items can be reused or recycled, what items will go to the landfill and what items you would compost.

After you have sorted all of the waste items try to write down two ways you can reduce waste in your home.

Bonus Challenge: Food Journey: Mapping Where Your Food Started

See if you can find a label on any packaging or produce stickers to help you to draw a map/diagram of where your food traveled from to get to your home.



Funding provided by the Environmental Protection Fund as administered by the New York State Department of Environmental Conservation.

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